

**PERIOPERATIVE OPTIMIZATION & ERAS**

Data: 22 de abril de 2021 | Horário: 8h00 – 15h40

Coordenadores:

Adrian Alvarez

Luiz Fernando dos Reis Falcão

HORÁRIO	TEMA	PALESTRANTE
8h00 - 18h00	Perioperative optimization & ERAS	Coords. Adrian Alvarez e Luiz Fernando dos Reis Falcão
8h30 - 10h20	Perioperative optimization. Origins and experiences around the world	
8h30 - 9h00	Welcome and introduction to the session	Luiz Fernando dos Reis Falcão
9h00 - 9h20	Enhanced recovery. Why did it start?	Henrik Kehlet
9h20 - 9h40	The UK experience. Our problems, our solutions	Monty Mythen
9h40 - 10h00	Perioperative care in Canada. Why and how we decided to change?	Claude Laflamme
10h00 - 10h20	The ERAS society. The way to move forward.	Olle Ljungqvist
10h20 - 15h00	ERAS and anesthesia: tips and treaks from the key opinion leaders	
10h20 - 10h50	Prehab, rehab or both?	Francesco Carli
10h50 - 11h10	Fluids, where are we today?	Monty Mythen
11h10 - 11h30	Not everything is fluids. Holistic approach to hemodynamic optimization	Diná mie Hatanaka
11h30 - 12h00	Patient blood management in major surgery	Carlos Galhardo Júnior
12h00 - 12h30	What happens with oxygen? Tips to improve perioperative oxygenation	Gerardo Tusman
12h30 - 13h10	Regional blocks, how they help in reducing opioids? - Part I: abdominal and thoracic surgeries. Regional blocks, how they help in reducing opioids? - Part II: hip and knee surgeries	Admir Hadzic
11h50 - 12h20	Panel of experts. Q/A	
13h40 - 15h00	Lunch	
15h00 - 18h00	The change is possible: how can we do it together?	
15h00 - 15h15	Enhanced surgical recovery – the UK experience	Adrian Alvarez
15h15 - 15h45	Some thoughts after 30 years of experience	Henrik Khelet
15h45 - 16h05	Why do we need our own data? How can we get it?	Santiago Mc Loughlin
16h05 - 16h45	The Brazilian experience. Taking part in this revolution	Adrian Alvarez, Maria de Lourdes Worisch Ferreira Lopes, Mariano Paiva Souza e Walquiria de Melo
16h45 - 17h15	Health care is collapsing in LATAM. Can we change this catastrophic destiny?	Adrian Alvarez
17h15 - 17h45	Panel of experts. Q/A	
17h45 - 18h00	Closing remarks	Adrian Alvarez

Realização:



Sociedade de Anestesiologia  
do Estado de São Paulo